# June 1984

# NEW YORK CYCLE CLUB

IN ITS 48TH YEAR

**June** 1984

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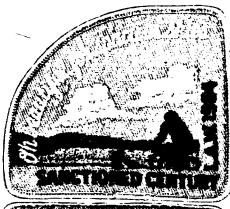
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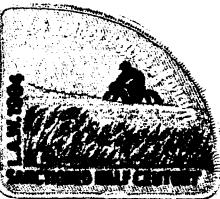
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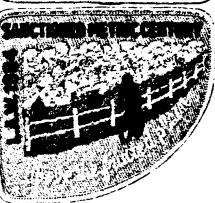
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Pg(s)

June Ride Listings
Interested in Becoming an "A" Rider?

1984 NYCC Membership Roster:
369 strong and weak, as of 5/15/84

June Club Meeting Program:
\* On-the-Road First Aid \*

Tuesday, June 12, 6:30 p.m.
The Thomas Street Inn Restaurant

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# Ride Listings -- compiled by Sara Flowers, V.P. Rides

#### GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

#### RIDE CLASSIFICATION

1			Riding Pace
	"A+": ANIMAL	Anything goes. Eats up roads, hills and all.	17+ mph
	"A": SPORTS(WO)MA	N Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 maph
	"B": TOURIST	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
	"C": SIGHTSEER	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
	"D": BEGINNER	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	to 8 maph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. (Names and telephone numbers of Ride Coordinators are listed elsewhere in the bulletin.)

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

- Sat. June 2 CHAPPAQUA RIDE Leader: Chris Mailing (965-0894). Meet at the Central Park Boathouse at 9:00
  "A+" for a brisk ride to Mamaroneck, Chappaqua, and Pocantico Hills. Food stop in White Plains.
  75 mi. Estimated riding time: 4 hours. Maps will be available. The group will ride in a pace line for9:00 A.M. mation. For additional info, call Chris. Rain at beginning of ride will cancel.
- Sat. June 2 TWIN FORK SPECIAL Leader: Martha Ramos (858-9142), Bogart Thompson, and Debbie Bell. The ride begins & Montauk (South Shore). It covers seldom travelled back roads in Montauk and the Hamptons. We depart Greenport (North Shore) for the train ride back to the City. Contact Martha Ramos for details of this "All-Day" trip. (Refer to the NYCC bulletin of 12/83 for a copy of Cyc-n-Ride permit application forms.) This is a rain-or-shine ride.
- Sat. June 2 THE CITY ISLAND CAPER Leader: Richard Marvin (532-3346), Co-Leader: Larry Rottersman

  "C" (981-1643). We'll be meeting in Columbus Circle at the Maine Monument for a pleasant ride up

  35 mi. the West Side and the Bronx to the 19th Century and the smell of seaweed. Be sure to bring your

  10:00 A.M. camera as this is one of New York's most picturesque neighbourhoods (the Astors, the Morgans, and Sir

  Thomas Lipton kept their magnificent yachts here.) No one will ever go hungry on City Island. There are

  plenty of cafes serving fresh seafood. So come. Take pictures. Watch sails being made or chat with a

  "clam-digger," as the Islanders call themselves. Rain cancels.
- Sun June 3 ALL-CLASS CLUB RIDE TO BETHPAGE STATE PARK. Choose one of the rides described below from either

  Manhattan or Queens to Bethpage Park in Eastern Nassau County, arriving at 1:30 P.M. for a picnic lunch
  and social meeting with the rest of the club. Enter the park from Powell Ave., just east of the
  Seaford-Oyster Bay Expressway. Follow the road to the picnic area by the parking lot a mile or so from
  the entrance. There are delis on Broadway, just south of Powell Ave. The group will return as a whole
  via Old Country Road and I.U. Willets Road.
- "A-" Leader: Doug Blackburn (888-0048). Ride through the scenic North Shore to the park with at 80 mi. least one food stop on the way. Meet at the Central Park Boath ouse. 7:30 A.M.
- "B" Leader: Sara Flowers (544-9168). Meet at the statue on Queens Blvd. & Union Turnpike (E or F 55 mi. train to Union Turnpike Station) for a brisk but social ride over some North Shore hills (maybe 9:00 A.M. we will see a fox or a raccoon as on recent rides!)
- "C" Leader: Gregory D'Agostino (272-4271). Meet at 179th Street and Hillside Avenue in front of the Burger King (E or F train to the last stop). We will enjoy a leisurely and nicely routed 9:30 A.M. ride through side streets and leafy lanes to join the rest of the group at Bethpage.
- Sat. June 9 SCOUTING RIDE TO EASTERN WESTCHESTER Leader: Lee Gelobter (646-7037). Meet at the Central Park Boathouse for a scouting ride through Larchmont, Rye, Portchester, into Connecticut and back through White Plains, Scarsdale and Bronxville. Be prepared for more than the advertised mileage as this is a scouting ride. Call Lee for more info.

- Sat. June 9 DELAWARE AND RARITAN CANAL Leader: Roy Lawrence (TR7~2292). Meet at 8:15 at the Staten Island
  "B+"
  80 mi.
  8:15 A.M.
  8:15 A.M.
  8:16 A.M.
  8:17 A.M.
  8:18 A.M.
  8:18 A.M.
  8:19 A.M.
  8:19 A.M.
  8:19 A.M.
  8:19 A.M.
  8:10 A.M
- Sun June 10 SANDS POINT Leader: Steve Sklar (245-3245). "A" ride doesn't have to mean "All-Day" ride. Come
  "A" out for a quick (relatively) jaunt which is long enough to make it back home by lunch time. Also
  55 mi. long enough to get to some scenic roads along the Long Island Sound. Meet at the Central
  8:00 A.M. Park Boathouse.
- Sun June 10 BEAR MOUNTAIN Leader: Larry Rutkowski (304-0485). Meet at 178th St. and Ft. Washington Ave.

  "B+" Take the A train to the 175th St. stop. We take the bus across the bridge to begin a scenic and
  100 mi. moderately hilly tour to Bear Mountain State Park. Bring lunch or money for it. We ride up the
  7:45 A.M. N.J. side (9W) and return on the N.Y. side (9A). Do a century at a sensible pace and enjoy the scenery.
- Sun June 10 TRIBOROUGH Leader: Phil Botwinick (441-0246 hm; 613-2271 wk). Meet at the Arch in Washington

  "C" Square Park for an exploration and sight-seeing trip through three boroughs. We'll ride to lower

  47 mi. Manhattan and head into Brooklyn via the Brooklyn Bridge. We will head for Shore Parkway and

  9:30 A.M. ride into Sheepshead Bay, then on to Rockaway and into Queens via the Rockaway Beach Bridge. Trip will
  end at the Statue on Queens Blvd. & Union Turnpike. Bring or buy lunch. Rain cancels.
- Thur Jun 16 4th (ALMOST) ANNUAL STRAWBERRY SUPREME Leader: Maxim Vickers (889-7100 / 728-7179). Meet at
  "A+" Tramway Plaza (2nd Ave & 59th St.) to scorch our beloved mid-island route to
  130 mi. Southampton and Shelter Island enjoying the scenery and visiting some notable refueling and
  6:00 A.M. watering spots culminating in a massed assault on the inimitable Strawberry Festival Shortcake. BRING
  MONEY (this ride features fine food and spirits as well as salt water crossings). You must book return
  passage on the AYH Biketrain (call 431-7100) or be prepared to fend for yourself.
- Thur Jun 14 PRE-TRIP meeting for Albany Ride (see listing for June 24 below): Thursday at 7:00 P.M. at AYH. 7:00 P.M. Mandatory for those planning to go on ride.
- Fri-Mon GEAR-UP 84 Hosted by the Baltimore Bicycling Club; sponsored by the League of American Wheelmen. Hope June 15-18 your plans are made: registration closed May 25.
- Sat Jun 16
  PLANTING FIELDS Leader: Sara Flowers (544-9168). Meet at the statue on Queens Blvd. at Union Turnpike (E or F train to Union Turnpike-Kew Gardens). Brisk ride to the Planting Fields Arboretum.

  Bring \$2.00 to visit this huge and lovely arboretum featuring greenhouses (geraniums in

  June), synoptic garden, dwarf conifer garden, large trees, rhododendron parks, and roses. We will spend at least an hour in the Arboretum so BRING YOUR LUNCH to eat inside (or outside as you wait for the rest of us).
- Sat June 16 MATTITUCK STRAWBERRY FESTIVAL CENTURY Leader: AYH (431-7100). Call for specific info on this "A/B/C" annual event. There will be a century from NYC to Mattituck, and a bike-train to and from the ? mi Festival. Advance reservations are required. ? A.M.
- Sun June 17 CONNECTICUT CANNONBALL Leader: Ed Schweber (567-2661). Meet at the Central Park Boathouse for a
  "A" prompt 8:00 A.M. departure. We will cut through a corner of Connecticut from White
  90 mi.
  8:00 A.M. bear at the Central Park Boathouse for a
  prompt 8:00 A.M. departure. We will cut through a corner of Connecticut from White
  Plains to Pound Ridge, an area of such manifestly conspicuous consumption that it has been
  known to make raving Marxists out of Park Ave. denizens. Food stops in White Plains on the way up, and
  Armonk on the way down.
- Sun June 17 NYACK & BEYOND Leader: Dan Yalisove (677-8237). Meet at the Boathouse in Central Park at "B" 9:00 A.M. or 9:45 at the George Washington Bridge. This is a scenic trip with a lunch stop at the Nyack State Park. There may be a delay starting the ride due to the bus service across 9:00 A.M. the bridge. Bring money for lunch or bring your own. Rain cancels.
- Sun June 17 FULL CIRCLE Leader: Phil Botwinick (441-0246). Meet in front of Statue of Civic Virtue on
  "C" Queens Blvd. and Union Turnpike (E or F train to Union Turnpike Station). We'll be pedaling through Forest Park, Broad Channel and the Rockaways, then head into Long Island for a
  south-to-north journey that will take us back to Union Turnpike where we started. Bring or buy lunch.
  Rain cancels.
- Fri Mon

  Jun 21-24

  150 mi.

  THIRD ANNUAL BIKE TREK FOR LIFE AND BREATH (fund-raiser) Leader: Brooklyn Lung Assn/AYH. Ride
  in Pennsylvania Dutch Country. Fees include transportation to Pennsylvania, food, leadership,
  orientation sessions. Enjoy rolling hills, magnificent farmland views, fresh air, peaceful
  countryside, and the good feeling that comes with knowing that you are helping asthmatic kids in
  Brooklyn. Write or call Brooklyn Lung Assn., 165 Cadman Plaza East, Brooklyn, N.Y. 11201 (212-624-8531)
  for more info and an application.
- Sat June 23 BEAR MOUNTAIN CENTURY +6 Leaders: Herb Dershowitz (929-0787), Marty Wolf (935-1460). Meet
  "A-" at the Central Park Boathouse at 7:50 A.M. for a prompt 8:00 A.M. departure. Ride will go up
  106 mi. east side of Hudson, return on the west side. Lunch at Bear Mountain State Park -7:50 A.M. there will be a short detour to a deli in Garrison if Bear Mountain microwave pizza doesn't appeal;
  call Herb or Marty with questions.

- Sat June 23 ROUND HILL CONNECTICUT AND BEDFORD VILLAGE Leader: Roy Lawrence (TR 7-2292) "B+" meets at
  "B+/B" Central Park Boathouse 8:00 A.M. and "B" at Grand Concourse and Bedford Park Blvd., Bronx (D
  85/65 mi.
  8/9:00 A.M. on to Bedford Village for a picnic lunch on the village green of this New England-type town. Return
  across the Westchester Hills via White Plains and Scarsdale. Bring lunch or money for it. Rain
  cancels.
- Sat June 23 FORT LEE HISTORICAL BIKE TRIP Leader: Roseann Korsa (549-2034). Join us for this tour of the "C"

  Fort Lee Revolutionary War exhibit that illustrates the battle of New York. Meet at 9:00 A.M.

  at the Pulitzer Fountain on 59th St. and 5th Ave. (or catch us at the George Washington Bridge at 9:30). We will ride—through Central Park up Riverside Drive. Bikes must be parked so bring lock and edibles -- lunch stop is at Demarest Park or on the museum grounds. On the way back, we'll ride a few hills but the one toughie at your own pace.
- Sun June 24 ALBANY RIDE Leader: Steve Bauman (359-7972). This is a long "C" Ride with an overall 10 MPH "A+"

  pace! You should have a century under your belt before attempting this. Mandatory pre-trip

  meeting at AYH on Thursday, June 14th, at 7:00 P.M.
- Sun June 24 LAKE DE FOREST Leader: Dave Miller (794-9365 hm; 594-5265 wk). Meet at the Central Park Boathouse for a very scenic ride in northern New Jersey and Rockland County. We will ride on the bike path through Tallman Mt. State Park and on the bike path next to the Hudson River in Nyack State Park. We will stop for lunch at a small city park in Congers and return to the Geo. Washington Bridge after we cross Lake De Forest. Please call for starting time, and please bring your own lunch and snacks. Be prepared for at least one crossing via the bus service at the Geo. Washington Bridge.
- Sun June 24 DESTINATION: POINT Leader: Phil Botwinick (441-0246). Meet at the Statue of Civic Virtue on "C+" Queens Blvd. & Union Turnpike (E or F train to the Union Turnpike Station). We'll be pedaling 50 mi. at a steady pace through Forest Park, Broad Channel, the Rockaways, Atlantic Beach, 10:00 A.M. Long Beach, and Lido Beach. Our destination is Point Lookout. Bring or buy lunch. Rain cancels.
- Sun June 24 DESTINTION: POINT TOO Leader: Gregory D'Agostino (272-4271). Take the LL train to the last stop,

  "C+"
  Rockaway Parkway in Canarsie, or park your car at Canarsie Pier. We'll be meeting Phil Botwinick's

  50+ mi. group at the McDonald's in the Rockaways for a steady paced ride to the charming town of

  9:30 A.M. Point Lookout. Bring or buy lunch. Rain cancels.
- Sat June 30 LAMBERTVILLE Leader: Martha Ramos (858-9142). Join us for an early celebration of the 4th of thru Mon
  July by spending a 3 day weekend in Lambertville. We will bike down to our destination on
  Saturday. Sunday will include a tour with the Princeton Freewheelers that will take
  "B" us to Peddler's Village. Monday we bike back to the city. Call Martha for details of trip.

  150+ mi. Participants will be responsible for making their own arrangements.
- Sat June 30 MORE SCOUTING IN WESTCHESTER AND CONNECTICUT Leader: Maggie Clarke (567-8272/566-8870). Based on "B-"
  routes developed from previous scouting rides, we will explore some scenic new areas in Central Westchester and SW Connecticut. We will meet at the Triangle Park at Dyckman
  (220th St./Broadway/Riverside Drive)(please call for subway & other travel info) for a brisk all-day ride through scenic country. For more specific info on ride or rain date (if necessary), please call. Bring snacks & lunch if you can or money for it, a well-functioning bicycle with tools, pump and spare tube.Co-ride with Sierra Club.
- Sun. July 1 BEAR MTN. RIDE Leader: Donald Smith (657-6382, after 9:00 P.M.). Meet at Central Park Boat"A" house for a quick start out of Manhattan at 8:00 A.M. sharp. There will be 2 stops on
  100+ mi. Going out pace will be moderate and coming back, faster. Option to ride to top of mountain;
  8:00 A.M. this distance will be 8-10 miles round-trip. 9 & 9A New York side to Route 6; coming back route 9W.
- Sun. July 1 MYSTERY BERGEN/ROCKLAND TOUR Leader: Marck Smith (222-4735). Meet at 178th St. and Ft. Washing"B+" ton Ave. This will be a "B+" ride so be prepared for a 13+ MPH pace. Join me for this enjoy60+ mi. able and scenic route.
  9:30 A.M.
- Fri Sun
  THIRD SHENANDOAH VALLEY ANNUAL BIKE WEEK/WEEKEND Leader: Tidewater Bicycle Assn. Bike tours on all
  levels in the foothills of the Blue Ridge Mountains. Housing and dining at James Madison University
  Jul 20-22 (air-conditioned). Socials and side-trips are planned. Costs (including meals and lodging):
  Jul 20-27 (weekend, \$53-\$60; week, \$161-\$190. For further info and registration forms, call Sara
  A/B/C Flowers (212-544-9168) or write SVABW, 5509 Elam Avenue, Virginia Beach, Va. 23462.

INTERESTED IN BECOMING AN "A" RIDER? I would like to organize training rides for women "B" riders in the Park. Learn to ride a-wheel, in a group, and become a stronger rider. Call Barbara Berkus after 9 P.M.. 594-0515.

# Club Meeting Program -- arranged by Carole Chavanne, V.P. Programs



#### ON-THE-ROAD FIRST AID

Have you ever been group riding and witnessed an accident? Did you know what to do? Do you want to know more about emergency procedures so that you will respond correctly in case of an accident?

Our June speaker, Emergency Medical Technician (EMT) John Healy, will give us the commonsense approach to on-the-road emergency first aid.

John, who is crew chief for the Central Park Medical Unit, has seen the results of many bicycle accidents. His firsthand knowledge will help us prevent accidents as well as handle accidents correctly when they do occur. John is a Cardiac Life Support Instructor for the American Heart Association. He also teaches first aid to New York City's Auxiliary Police.

In addition to all this knowledge, our speaker is a bicycle enthusiast. John is an American Youth Hostel Bike Committee member and summer tour leader.

So join us Tuesday, June 12, for a very important meeting: 6:30 p.m. for cocktails, and 7 p.m. for dinner, at the THOMAS STREET INN, 8 Thomas Street, between Broadway and Church Street (opposite Federal Plaza).

<u>Subway stations</u>: A, 2,3: Chambers Street. RR, 4,5: City Hall-Brooklyn Bridge.

Bicycle parking is available.

NOTE: This will be our last meeting at the Thomas Street Inn. The meeting place for the July 10 meeting will be announced at the June meeting and in the July Bulletin.

#### 1984 RIDE PREVIEWS

Date	Ride	Leader	Class	Distance
7/3-7/7	LAW Convention (Indian-			
	apolis, Ind.)	LAW		
7/14	Birthday Scouting Ride			
	to Westchester & Conn.	Clarke	B-	50-60 mi.
7/20-7/27	*3rd Shenandoah Valley	Tidewater		
7/20-7/22	Annual Bike Week/	Bicycle		
	Weekend (SVABW)	Assn.		
7/29	All-Class Club Ride	Rides Comm.	A/B/C	
8/4	Glen Cove Loop	Albert	В	55 mi.
8/18-8/19	Delaware Water Gap	Mailing	A	
8/26	Annual Ride to City	J		
	Island Via Westchester	Clarke	B-	50-60 mi.
9/1	Montreal	АҮН		
9/1-9/4	Shelter Island Weekend	Ramos	В	250+ mi.
9/9	Hill Climbing Race	AYH		
9/9	Bear Mountain Century	AYH		
9/16	Hi Point 100 (10th Ann.)	AYH	A/B/C	
9/16	Golden Apple Century	CCC		
9/23	Montclair, N.J. Bike Tour	AYH		19 m.i.
9/30	Annual Bill Baumgarten Ride	Rides Comm.	A/B/C	
10/6	Washington	AYH		
10/7	Fall Classic Rally	AYH		
10/13	Ancient Mariner	AYH		
11/6	Bankers, Bureaucrats,			

<sup>\*</sup> See page 4 for details.

#### Metro-North May Let Us On!



The bicycle wheels of progress are moving north -- Metro-North! The powers that be have seen that bicycle access can work on the LIRR, so why not? What a few years ago seemed like a pipedream has become a reality. Without waiting for a concerted, organized effort by the bicycle community to exert pressure on them (though there was pressure last year during the push for LIRR access), Metro-North has drafted access regulations, had them approved by their Operating Committee, and published them for public review in the State Register. After the mandatory 30-day review period required for changing or adding regulations, the Metro North Board will consider them for final approval when June 15.

According to Larry Filler, Director of Metro-North's Office of Policy Development, the process of final approval is expected to go smoothly and he foresees all the details,

the process of final approval is expected to go smoothly and he foresees all the details, including issuance of permits, to be in place by early summer, perhaps by July 4. The details of the access program will be very similar to LIRR's program. One significant difference will be the increased hours of accessibility. Whereas LIRR has summertime weekend peak hours that unfortunately coincide with the hours in which cyclists are most likely to be interested, Metro-North has no such weekend peaking. With the exception of weekday peak periods and some holidays, bicyclists will be able to use the trains year-round and at all times.

Hopefully, the people in charge of designing the permits will heed the numerous cyclists that the permit should be credit-card sized rather than the 7-1/2" by 3-1/2" the LIRR permit is. However, even if some minor problems exist, the important thing is that the proverbial bicycle wheel in the sky has made another revolution forward. Bicycles and bicyclists are being taken more seriously — a tribute to the work individuals and clubs have done to promote cycling as a healthy, enjoyable form of recreation and transportation.

# NYCC ADs

#### FOR SALE:

Argos, all Reynolds-531, 22" frame, all Campy. Like new. Black. \$500 or best offer.

Brand new, never worn, women's Bata wintours, sized  $6\frac{1}{2}$ -7. Wrong size for me! \$25. Amy Weinstock, 438-1603, leave message.

23½ Raleigh Professional, 1974 model. Reynolds-531, all Campagnolo except Avocet headset and Normandy Luxe Comp. hubs. Many miles; maintained annually; needs some parts for optimal performance; needs paint. Mechanic's special. As is, \$350. Chris Mailing, 965-0894.

Olmo Nuovo Sprint, 56 cm., 18 speeds, Columbus SL tubing, Modolo brakes, Ofmega crankset, headset, pedals and hubs. Three TTT handlebar and stem, Gipemme derailleurs, etc. Brand new, never ridden. \$800. Regge Life, 244-6714.

#### TOURING COMPANION(S) WANTED:

For a trip of a few weeks during August somewhere in Northern Europe. Mostly camping and hostelling. Call 280-7218 or write Robert Kovelman, 817 Fairchild, Columbia University, NY NY 10027.

> ESCAPE TO IRELAND/FRANCE. I want to share unforgettable seacoasts, pubs, music, castles and cuisine with you. Enjoy a leisurely vacation by bicycle.

Contact: MARTY'S CYCLE TOURS P.O. Box 465 Schenectady, N.Y. 12305

(518) 382-0458

# CYCLISTS AND RUNNERS: USING CENTRAL PARK TOGETHER

A task force has been created to try to formulate simple guidelines to promote safety, cooperation and harmony among the running and cycling communities while both are using Central Park. This task force includes representatives from running and cycling organizations, the New York City Parks Department, Central Park Community Council, the New York City Department of Transportation, and the New York Police Department.

We would like to have your input on the content of effective guidelines that are likely to be followed by a majority of the runners and cyclists. Please answer the following questionnaire. Send the completed questionnaire and any other comments and ideas you would like to express to Doug Blackburn, 342 E. 62nd St., Apt. 17, New York, NY 10021. A comparable questionnaire is being circulated to the members of the New York Road Runners Club and the Metropolitan Athletic being circulated to the members of the New York Road Runners Club and the Metropolitan Athletic

1.	Do you regularly cycle in Central Park:  a. For recreational purposes Yes No
2.	At what times and days do you most often use Central Park for these purposes:  • Day(s) of week:
3.	Runners also use Central Park. At present, it is likely that some of them are running toward you while others run in the direction you are riding. When you overtake a runner in the park do you feel that safer conditions exist:  a. If the runner is coming toward you  OR  b. If the runner is moving in your direction ()  If you care to, please give a brief explanation supporting your choice of answer.
Thai	nk you!

# Board of Directors Meeting MINUTES SUMMARY MAY

by Alinda Barth, Secretary

- 1. The Board discussed the functions of the LAW Legislative Contact of the NYCC.
- 2. Amy Weinstock will update the goldenrod fliers and get new copies printed.

  3. Martha Ramos announced that Metro-North Commuter Railroad is planning a bicycle access program. (See page 10 for more details.)
- 4. Sara Flowers announced that the All-Class Club Ride in June will go to Old Bethpage State Park on Long Island, and invited suggestions for later Club rides.

  The marking of the Club route in New Jersey was postponed until next spring.
- A questionnaire regarding rules for cyclists and runners using Central Park, prepared by Doug Blackburn, was approved and will be published in the Bulletin. (See this page.)
- 7. The next Board of Directors' meeting will be on Tuesday, June 5, 1984.

# COMING **ATTRACTIONS**



by Irene Walter, Editor

- \* Cycling Shorts, by Gregory D'Agostino
- \* More Bicycle Policy Happenings, by Marc Freedman
- \* And Much More!

DEADLINE FOR RECEIPT OF MATERIAL FOR JULY BULLETIN: MONDAY, JUNE 18.

71, NY 10024 345 W 854h 34 #36 71, NY 10024



David C. Miller 410 East 75 H. St. apartment 1-C New York 10021

### APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

NAME(S)		PHONE H.	
		в.	
ADDRESS		APT.	
CITY	STATE	ZIP	
DATE	AMT. OF CHECK	NEW	RENEWAL
WHERE DID Y	OU HEAR OF N.Y.C.C.?		
OTHER CYCLI	ING CLUB MEMBERSHIPS:(CIRCLE) AMC OTHER:	AYH LAW TA CR	CA CCC

1984 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with a check made payable to the "New York Cycle Club," to:

Amy Weinstock, Membership Director The New York Cycle Club, Inc. 1257 59th Street Brooklyn, N.Y. 11219